

MEDIA RELEASE

Thursday 26 March, 2020.

Allison Baden-Clay Foundation Encourages People To Self Isolate In Safety

The Allison Baden-Clay Foundation is encouraging vulnerable people within our community to self-isolate in safety, as there are a number that may be at risk when forced to self-isolate at home.

For many people within domestic and family violence situations their workplace, school or community groups are a safe outlet, and with self-isolation measures being put in place, it means that these outlets are no longer available and they could be at an increased risk.

While we do have to abide by the laws put in place by our Federal and State Governments, there are a number of things that we, as a community and as bystanders, can do to ensure that the vulnerable people within our community are safe and can access help if they need to.

The Allison Baden-Clay Foundation posted a PSA on their Facebook last week, to address these concerns and direct people to ways that they are able to help those within these potentially concerning situations.

"Self-isolation can mean that victims are unable to attend their workplace which can be a safe outlet or location to escape their home life, this can also mean that in some circumstances, they will be in isolation with the perpetrator." States the post.

"As a bystander we can all do our part by having the appropriate contacts on hand so that, if needed, we can help someone who is experiencing domestic and family violence."

The recommended resources to contact are below:

- Follow Brisbane Domestic Violence Service (BDVS) on Facebook for all the latest updates on COVID-19 and what that means for domestic and family violence.
- DVConnect 24hr hotline: 1800 811 811
- 1800RESPECT: 1800 737 732
- Emergency Services: 000

The Foundation is also calling on those in a vulnerable position to prepare in any way that they can to ensure they receive help should they need it.

"If you are a vulnerable party, we also strongly encourage you to prepare by either finding a safe place to self-isolate or, if this is not possible, please confide in a person you trust about your situation and provide them with resource information that they can call should you need help."

It is also important to keep in mind that there are a number of other vulnerable people within our community in addition to those within domestic and family violence situations. Some school children may not have access to a safe home environment where they can continue their education, and also people with mental illness are extremely vulnerable if they are in an unsafe self-isolation situation.

ENDS

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